

# 3 Tacos

## Nutrition Facts

1 serving per container

**Serving size** 3 tacos (354g)

**Amount Per Serving**

**Calories** 480

**% Daily Value\***

**Total Fat** 15g **19%**

Saturated Fat 3g **15%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 1350mg **59%**

**Total Carbohydrate** 59g **21%**

Dietary Fiber 6g **21%**

Total Sugars 10g

Includes 5g Added Sugars **10%**

**Protein** 29g

Vitamin D 0mcg 0%

Calcium 220mg 15%

Iron 7mg 40%

Potassium 460mg 10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Romaine, Enriched Bleached Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified And Hydrogenated Soybean Oils), Contains 2% Or Less Of: Salt, Sugar, Baking Soda, Sodium Acid Pyrophosphate, Distilled Monoglycerides, Enzymes, Fumaric Acid, And Calcium Propionate, And Sorbic Acid, Seitan (Copy) (Wheat Gluten, Water, Lime Juice, Chili Powder, DARK( Finest), Minced Garlic (Garlic, Water, Citric Acid), Grapeseed Oil, Brown Sugar, Cumin, Salt, Sugar, Paprika, Garlic, MSG (A Natural Flavor Enhancer Derived From Corn Or Beets), Citric Acid, Oregano, Cumin, Onion, Black Pepper, Natural Flavors, Silicon Dioxide, Papain., Oregano), Mild Queso (Organic Tomatoes In Organic Tomato Juice, Organic Jalapeño Peppers, Organic Onion, Organic Tomato Paste, Water, Organic Cilantro, Organic Lime Juice, Sea Salt, Organic Distilled Vinegar, Organic Cayenne Pepper, Organic Garlic, Organic Cumin, Organic Dried Ancho Chile Pepper, Organic Dried Chipotle Pepper., Red Peppers, Cashews), Goya Salsa, Pico De Gallo, Mild, Sour Cream (Water, Cashews, Lemon Juice, Sea Salt, Apple Cider Vinegar)

Contains: Cashew, Wheat

Matties Inc  
633 E 63rd St #110  
Kansas City, Mo

# Remix Plate

## Nutrition Facts

1 serving per container

**Serving size** (471g)

**Amount Per Serving**

**Calories** **830**

**% Daily Value\***

**Total Fat** 31g **40%**

Saturated Fat 14g **70%**

*Trans* Fat 0g

**Cholesterol** 15mg **5%**

**Sodium** 10000mg **435%**

**Total Carbohydrate** 106g **39%**

Dietary Fiber 22g **79%**

Total Sugars 30g

Includes 18g Added Sugars **36%**

**Protein** 35g

Vitamin D 0.4mcg 2%

Calcium 330mg 25%

Iron 7.6mg 40%

Potassium 1710mg 35%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Yams (Sweet Potato, Vegan Butter([Palm And Palm Kernel Oil, Water, Sunflower Oil, Pea Protein, Sunflower Lecithin, Lactic Acid, Natural Flavor, Annatto (Color), Vitamin A Palmitate.]), Brown Sugar, Orange Juice), Vegan Mac&Cheez (SEMOLINA WHEAT, DURUM WHEAT FLOUR, VITAMIN B3 NIACIN, IRON FERROUS SULFATE, VITAMIN B1 THIAMINE MONONITRATE, VITAMIN B2 RIBOFLAVIN, FOLIC ACID., Oat Milk (Oat Base (Filtered Water, Gluten-Free Oat Flour), Sunflower Oil, Vitamins And Minerals (Calcium Carbonate, Zinc Gluconate, Vitamin A Palmitate, Riboflavin [B2], Vitamin D2, Vitamin B12), Dipotassium Phosphate, Sea Salt, Locust Bean Gum, Gellan Gum, Natural Flavour, Amylase, Ascorbic Acid), Spice, Filtered Water, Coconut Oil, Food Starch-Modified (Potato & Corn), Corn Starch, Salt (Sea Salt), Cheddar Flavor (Vegan Sources), Olive Extract, Paprika Extract & Beta Carotene (Color), Vitamin B12, Powdered Cellulose Added To Prevent Caking., Vegan Cheese, Cane Sugar. Vegan), Collards, Cooked, Boiled, Drained, With Salt, BBQ Chik (Soy Beans, BBQ Sauce (High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Modified Corn Starch, Contains Less Than 2% Of Salt, Pineapple Juice Concentrate, Natural Smoke Flavor, Spice, Caramel Color, Molasses, Sodium Benzoate (Preservative), Garlic, Mustard Flour, Corn Syrup, Sugar, Tamarind, Natural Flavor, Celery Seed), Sauce, Barbecue, KC MASTERPIECE, Original, GREEN PEPPERS, RED PEPPERS, YELLOW PEPPERS, ONIONS., SALT, MSG (A NATURAL FLAVOR ENHANCER DERIVED FROM CORN OR BEETS), GARLIC, PAPRIKA, ONION, BLACK PEPPER, CUMIN, WHITE PEPPER, ANNATTO, TURMERIC, SUGAR, SILICON DIOXIDE, PAPAIN, AND NATURAL FLAVORS., Grapeseed Oil), Cornbread (Almond Milk (Organic Almondmilk (Filtered Water, Organic Almonds), Tricalcium Phosphate, Sea Salt, Xanthan Gum, Potassium Citrate, Sunflower Lecithin, Vitamin A Palmitate, Ergocalciferol (Vitamin D2), DI-Alpha Tocopherol Acetate (Vitamin E)), WHEAT FLOUR, DEGERMED YELLOW CORN MEAL, SUGAR, VEGETABLE SHORTENING (PALM OIL, SOYBEAN OIL), CONTAINS LESS THAN 2% OF: BAKING SODA, TRICALCIUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE, SALT, MONOCALCIUM PHOSPHATE, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, WHEAT STARCH, NATURAL FLAVOR, DEXTROSE, CORN STARCH., Enriched Bleached Wheat Flour [Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate Riboflavin, Folic Acid]. Sugar, Leavening [Sodium Bicarbonate, Sodium Aluminum Phosphate Dicalcium Phosphate, Monocalcium Phosphate]. Wheat Starch, Canola Oil, Contains Less Than 2% Of: Propylene Glycol Mono- And Diesters, Salt, Mono- And Diglycerides, Fractionated Palm Oil, Sodium Stearoyl Lactylate Cellulose Gum, Xanthan Gum, Dextrose, Artificial Flavor, Ascorbic Acid, Natural Flavor, Yellow 5 Lake, Red 40 Lake., Organic Blue Agave Nectar, Water, Mung Bean Protein Isolate, Expeller-Pressed Canola Oil, Contains Less Than 2% Of Dehydrated Onion, Gellan Gum, Natural Carrot Extractives (Color), Natural Flavors, Natural Turmeric Extractives (Color), Potassium Citrate, Salt, Soy Lecithin, Sugar, Tapioca Syrup, Tetrasodium Pyrophosphate, Transglutaminase, Nisin (Perservative). (Contains Soy))

Contains: Almond, Wheat, Soy

Matties Inc

633 E 63rd St #110

Kansas City, Mo

# Nachos

## Nutrition Facts

1 serving per container

**Serving size** (0.0g)

**Amount Per Serving**

**Calories** **460**

**% Daily Value\***

**Total Fat** 22g **28%**

Saturated Fat 2.5g **13%**

*Trans Fat* 0g

**Cholesterol** 0mg **0%**

**Sodium** 660mg **29%**

**Total Carbohydrate** 56g **20%**

Dietary Fiber 8g **29%**

Total Sugars 3g

Includes 0g Added Sugars **0%**

**Protein** 9g

Vitamin D 0mcg 0%

Calcium 100mg 8%

Iron 3mg 15%

Potassium 100mg 2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Organic Stone Ground Yellow And White Corn With A Trace Of Lime, Organic (Canola, Safflower And/Or Sunflower) Oil, Sea Salt., Mild Queso (Organic Tomatoes In Organic Tomato Juice, Organic Jalapeño Peppers, Organic Onion, Organic Tomato Paste, Water, Organic Cilantro, Organic Lime Juice, Sea Salt, Organic Distilled Vinegar, Organic Cayenne Pepper, Organic Garlic, Organic Cumin, Organic Dried Ancho Chile Pepper, Organic Dried Chipotle Pepper., Red Peppers, Cashews), Pinto Beans (Pinto Beans (Pinto Beans, Water, Salt), Water, Diced Tomatoes And Green Chilies (TOMATOES, WATER, CHOPPED GREEN CHILI PEPPERS, LESS THAN 2% OF: SALT, CALCIUM CHLORIDE, NATURAL FLAVOR, CITRIC ACID, CILANTRO), Onions, Spices (Including Chili Pepper, Paprika, Oregano), Corn Starch, Salt, Onion, And Garlic.), Sour Cream (Water, Cashews, Lemon Juice, Sea Salt, Apple Cider Vinegar), Jackfruit (Young Green Jackfruit, SALT, MSG (A NATURAL FLAVOR ENHANCER DERIVED FROM CORN OR BEETS), GARLIC, PAPRIKA, ONION, BLACK PEPPER, CUMIN, WHITE PEPPER, ANNATTO, TURMERIC, SUGAR, SILICON DIOXIDE, PAPAIN, AND NATURAL FLAVORS., Water, Natural Hickory Smoke Flavor)

Contains: Cashew

Matties CO. Inc  
633 E 63rd St #110  
Kansas City, Mo

# Nachos Salad

## Nutrition Facts

1 serving per container

**Serving size** (0.0g)

**Amount Per Serving**

**Calories** **170**

**% Daily Value\***

**Total Fat** 8g **10%**

Saturated Fat 1.5g **8%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 450mg **20%**

**Total Carbohydrate** 19g **7%**

Dietary Fiber 7g **25%**

Total Sugars 5g

Includes 0g Added Sugars **0%**

**Protein** 7g

Vitamin D 0mcg 0%

Calcium 90mg 6%

Iron 3.7mg 20%

Potassium 560mg 10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Romaine, Mild Queso (Organic Tomatoes In Organic Tomato Juice, Organic Jalapeño Peppers, Organic Onion, Organic Tomato Paste, Water, Organic Cilantro, Organic Lime Juice, Sea Salt, Organic Distilled Vinegar, Organic Cayenne Pepper, Organic Garlic, Organic Cumin, Organic Dried Ancho Chile Pepper, Organic Dried Chipotle Pepper., Red Peppers, Cashews), Pinto Beans (Pinto Beans (Pinto Beans, Water, Salt), Water, Diced Tomatoes And Green Chilies (TOMATOES, WATER, CHOPPED GREEN CHILI PEPPERS, LESS THAN 2% OF: SALT, CALCIUM CHLORIDE, NATURAL FLAVOR, CITRIC ACID, CILANTRO), Onions, Spices (Including Chili Pepper, Paprika, Oregano), Corn Starch, Salt, Onion, And Garlic.), Sour Cream (Water, Cashews, Lemon Juice, Sea Salt, Apple Cider Vinegar), Jackfruit (Young Green Jackfruit, SALT, MSG (A NATURAL FLAVOR ENHANCER DERIVED FROM CORN OR BEETS), GARLIC, PAPRIKA, ONION, BLACK PEPPER, CUMIN, WHITE PEPPER, ANNATTO, TURMERIC, SUGAR, SILICON DIOXIDE, PAPAIN, AND NATURAL FLAVORS., Water, Natural Hickory Smoke Flavor)

Contains: Cashew

Matties CO Inc  
633 E 63rd St #110  
Kansas City, Mo

# Mixed Plate

## Nutrition Facts

1 serving per container

**Serving size** (0.0g)

**Amount Per Serving**

**Calories** **650**

**% Daily Value\***

**Total Fat** 23g **29%**

Saturated Fat 13g **65%**

Trans Fat 0g

**Cholesterol** 25mg **8%**

**Sodium** 10030mg **436%**

**Total Carbohydrate** 101g **37%**

Dietary Fiber 13g **46%**

Total Sugars 28g

Includes 20g Added Sugars **40%**

**Protein** 14g

Vitamin D 0.7mcg 4%

Calcium 380mg 30%

Iron 4.1mg 25%

Potassium 600mg 15%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Collards, Cooked, Boiled, Drained, With Salt, Yams (Sweet Potato, Vegan Butter([Palm And Palm Kernel Oil, Water, Sunflower Oil, Pea Protein, Sunflower Lecithin, Lactic Acid, Natural Flavor, Annatto (Color), Vitamin A Palmitate.]), Brown Sugar, Orange Juice), Vegan Mac&Cheez (SEMOLINA WHEAT, DURUM WHEAT FLOUR, VITAMIN B3 NIACIN, IRON FERROUS SULFATE, VITAMIN B1 THIAMINE MONONITRATE, VITAMIN B2 RIBOFLAVIN, FOLIC ACID., Oat Milk (Oat Base (Filtered Water, Gluten-Free Oat Flour), Sunflower Oil, Vitamins And Minerals (Calcium Carbonate, Zinc Gluconate, Vitamin A Palmitate, Riboflavin [B2], Vitamin D2, Vitamin B12), Dipotassium Phosphate, Sea Salt, Locust Bean Gum, Gellan Gum, Natural Flavour, Amylase, Ascorbic Acid), Spice, Filtered Water, Coconut Oil, Food Starch-Modified (Potato & Corn), Corn Starch, Salt (Sea Salt), Cheddar Flavor (Vegan Sources), Olive Extract, Paprika Extract & Beta Carotene (Color), Vitamin B12, Powdered Cellulose Added To Prevent Caking., Vegan Cheese, Cane Sugar. Vegan), Cornbread (Almond Milk (Organic Almondmilk (Filtered Water, Organic Almonds), Tricalcium Phosphate, Sea Salt, Xanthan Gum, Potassium Citrate, Sunflower Lecithin, Vitamin A Palmitate, Ergocalciferol (Vitamin D2), DI-Alpha Tocopherol Acetate (Vitamin E)), WHEAT FLOUR, DEGERMED YELLOW CORN MEAL, SUGAR, VEGETABLE SHORTENING (PALM OIL, SOYBEAN OIL), CONTAINS LESS THAN 2% OF: BAKING SODA, TRICALCIUM PHOSPHATE, SODIUM ACID PYROPHOSPHATE, SALT, MONOCALCIUM PHOSPHATE, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID, WHEAT STARCH, NATURAL FLAVOR, DEXTROSE, CORN STARCH., Enriched Bleached Wheat Flour [Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate Riboflavin, Folic Acid]. Sugar, Leavening [Sodium Bicarbonate, Sodium Aluminum Phosphate Dicalcium Phosphate, Monocalcium Phosphate]. Wheat Starch, Canola Oil, Contains Less Than 2% Of: Propylene Glycol Mono- And Diesters, Salt, Mono- And Diglycerides, Fractionated Palm Oil, Sodium Stearoyl Lactylate Cellulose Gum, Xanthan Gum, Dextrose, Artificial Flavor, Ascorbic Acid, Natural Flavor, Yellow 5 Lake, Red 40 Lake., Organic Blue Agave Nectar, Water, Mung Bean Protein Isolate, Expeller-Pressed Canola Oil, Contains Less Than 2% Of Dehydrated Onion, Gellan Gum, Natural Carrot Extractives (Color), Natural Flavors, Natural Turmeric Extractives (Color), Potassium Citrate, Salt, Soy Lecithin, Sugar, Tapioca Syrup, Tetrasodium Pyrophosphate, Transglutaminase, Nisin (Perservative). (Contains Soy))

Contains: Almond, Wheat, Soy

Matties Inc

633 E 63rd St #110

Kansas City, Mo

# Burrito

## Nutrition Facts

1 serving per container

**Serving size** (0.0g)

**Amount Per Serving**

**Calories** **590**

**% Daily Value\***

**Total Fat** 16g **21%**

Saturated Fat 4g **20%**

Trans Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 1470mg **64%**

**Total Carbohydrate** 80g **29%**

Dietary Fiber 8g **29%**

Total Sugars 7g

Includes 2g Added Sugars **4%**

**Protein** 34g

Vitamin D 0mcg 0%

Calcium 220mg 15%

Iron 7mg 40%

Potassium 540mg 10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: PRODUCT CODE: 11501  
CATEGORIES: FLATBREADS,  
FOODSERVICE, WRAPS 12-INCH PLAIN  
WHITE WRAP A Tortilla Wrap That Requires A  
Minimal Amount Of Heating To Become  
Extremely Flexible. Ideal For Wrap Sandwich  
Making. Contains No Trans Fat And Is 100%  
Vegetarian. PRINT DOWNLOAD PDF  
Ingredients ENRICHED FLOUR (WHEAT  
FLOUR, MALTED BARLEY FLOUR, NIACIN,  
REDUCED IRON, THIAMINE MONONITRATE,  
RIBOFLAVIN, FOLIC ACID), WATER, CANOLA  
OIL, CONTAINS 2% OR LESS OF: LEAVENING  
(SODIUM BICARBONATE, SODIUM  
ALUMINUM PHOSPHATE, SODIUM  
ALUMINUM SULFATE, CALCIUM SULFATE,  
CORN STARCH, MONOCALCIUM  
PHOSPHATE), DOUGH CONDITIONERS  
(MONO- AND DIGLYCERIDES, SODIUM  
METABISULFITE, FUMARIC ACID), SALT,  
SOYBEAN OIL, HYDROGENATED SOYBEAN  
OIL, ENZYMES, GUAR GUM, CELLULOSE  
GUM, ACACIA GUM, DEXTROSE,  
PRESERVATIVES (CALCIUM PROPIONATE,  
POTASSIUM SORBATE)., Romaine, Seitan  
(Copy) (Wheat Gluten, Water, Lime Juice, Chili  
Powder , DARK( Finest), Minced Garlic (Garlic,  
Water, Citric Acid), Grapeseed Oil, Brown Sugar,  
Cumin, Salt, Sugar, Paprika, Garlic, MSG (A  
Natural Flavor Enhancer Derived From Corn Or  
Beets), Citric Acid, Oregano, Cumin, Onion,  
Black Pepper, Natural Flavors, Silicon Dioxide,  
Papain., Oregano), Pinto Beans (Pinto Beans  
(Pinto Beans, Water, Salt), Water, Diced  
Tomatoes And Green Chilies (TOMATOES,  
WATER, CHOPPED GREEN CHILI PEPPERS,  
LESS THAN 2% OF: SALT, CALCIUM  
CHLORIDE, NATURAL FLAVOR, CITRIC ACID,  
CILANTRO), Onions, Spices (Including Chili  
Pepper, Paprika, Oregano), Corn Starch, Salt,  
Onion, And Garlic.), Mild Queso (Organic  
Tomatoes In Organic Tomato Juice, Organic  
Jalapeño Peppers, Organic Onion, Organic  
Tomato Paste, Water, Organic Cilantro, Organic  
Lime Juice, Sea Salt, Organic Distilled Vinegar,  
Organic Cayenne Pepper, Organic Garlic,  
Organic Cumin, Organic Dried Ancho Chile  
Pepper, Organic Dried Chipotle Pepper., Red  
Peppers, Cashews), Goya Salsa, Pico De Gallo,  
Mild, Potatoes, Yellow Fleshed, Roasted, Salt  
Added In Processing, Frozen, Unprepared, Sour  
Cream (Water, Cashews, Lemon Juice, Sea  
Salt, Apple Cider Vinegar)

Contains: Cashew

Matties Inc

633 E 63rd St #110

Kansas City,Mo

# Burrito Bowl

## Nutrition Facts

1 serving per container

**Serving size** (503g)

**Amount Per Serving**

**Calories** **560**

**% Daily Value\***

**Total Fat** 14g **18%**

Saturated Fat 2g **10%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 1610mg **70%**

**Total Carbohydrate** 80g **29%**

Dietary Fiber 12g **43%**

Total Sugars 7g

Includes 2g Added Sugars **4%**

**Protein** 30g

Vitamin D 0mcg 0%

Calcium 130mg 10%

Iron 5.1mg 30%

Potassium 1350mg 30%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Potatoes, Yellow Fleshed, Roasted, Salt Added In Processing, Frozen, Unprepared, Romaine, Seitan (Copy) (Wheat Gluten, Water, Lime Juice, Chili Powder, DARK( Finest), Minced Garlic (Garlic, Water, Citric Acid), Grapeseed Oil, Brown Sugar, Cumin, Salt, Sugar, Paprika, Garlic, MSG (A Natural Flavor Enhancer Derived From Corn Or Beets), Citric Acid, Oregano, Cumin, Onion, Black Pepper, Natural Flavors, Silicon Dioxide, Papain., Oregano), Pinto Beans (Pinto Beans (Pinto Beans, Water, Salt), Water, Diced Tomatoes And Green Chilies (TOMATOES, WATER, CHOPPED GREEN CHILI PEPPERS, LESS THAN 2% OF: SALT, CALCIUM CHLORIDE, NATURAL FLAVOR, CITRIC ACID, CILANTRO), Onions, Spices (Including Chili Pepper, Paprika, Oregano), Corn Starch, Salt, Onion, And Garlic.), Mild Queso (Organic Tomatoes In Organic Tomato Juice, Organic Jalapeño Peppers, Organic Onion, Organic Tomato Paste, Water, Organic Cilantro, Organic Lime Juice, Sea Salt, Organic Distilled Vinegar, Organic Cayenne Pepper, Organic Garlic, Organic Cumin, Organic Dried Ancho Chile Pepper, Organic Dried Chipotle Pepper., Red Peppers, Cashews), Goya Salsa, Pico De Gallo, Mild, Sour Cream (Water, Cashews, Lemon Juice, Sea Salt, Apple Cider Vinegar)

Contains: Cashew

Matties Inc  
633 E 63rd St #110  
Kansas City, Mo

# Bbq Chic Wrap

## Nutrition Facts

1 serving per container

**Serving size** (0.0g)

**Amount Per Serving**

**Calories** **510**

**% Daily Value\***

**Total Fat** 18g **23%**

Saturated Fat 3.5g **18%**

Trans Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 960mg **42%**

**Total Carbohydrate** 69g **25%**

Dietary Fiber 11g **39%**

Total Sugars 14g

Includes 8g Added Sugars **16%**

**Protein** 23g

Vitamin D 0mcg 0%

Calcium 180mg 15%

Iron 6.6mg 35%

Potassium 750mg 15%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: ENRICHED UNBLEACHED FLOUR, [WHEAT FLOUR, MALT BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), AND FOLIC ACID], WATER, PALM OIL, MONO-AND DIGLYCERIDES, SPINACH, SPINACH POWDER, NATURAL FLAVOR, NATURAL COLOR, FD&C YELLOW #5, FD&C BLUE #1, FD&C RED #1, SALT, SODIUM BICARBONATE, CALCIUM PROPIONATE, DEXTROSE, SODIUM ALUMINUM SULFATE, CALCIUM SULFATE, WHEAT GLUTEN, FUMARIC ACID, SODIUM ALUMINUM PHOSPHATE, CORN STARCH, POTASSIUM SORBATE, CMC GUM, SOYBEAN OIL, HYDROGENATED SOYBEAN OIL, WHEAT STARCH, XANTHAN GUM, MONOCALCIUM PHOSPHATE, SODIUM METABISULFITE, ENZYMES [WHEAT STARCH, MICROCRYSTALLINE CELLULOSE], Romaine, Carrots, Honey Mustard (Vegan Mayo, Heinz Yellow Mustard, Organic Blue Agave Nectar), BBQ Chic (Soy Beans, BBQ Sauce (High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Modified Corn Starch, Contains Less Than 2% Of Salt, Pineapple Juice Concentrate, Natural Smoke Flavor, Spice, Caramel Color, Molasses, Sodium Benzoate (Preservative), Garlic, Mustard Flour, Corn Syrup, Sugar, Tamarind, Natural Flavor, Celery Seed), Sauce, Barbecue, KC MASTERPIECE, Original, GREEN PEPPERS, RED PEPPERS, YELLOW PEPPERS, ONIONS., SALT, MSG (A NATURAL FLAVOR ENHANCER DERIVED FROM CORN OR BEETS), GARLIC, PAPRIKA, ONION, BLACK PEPPER, CUMIN, WHITE PEPPER, ANNATTO, TURMERIC, SUGAR, SILICON DIOXIDE, PAPAIN, AND NATURAL FLAVORS., Grapeseed Oil)

Contains: Wheat, Soy

Matties Inc

633 E 63rd St #110

Kansas City, Mo



# BBQ CHIC W/ Roasted Potatoes

## Nutrition Facts

1 serving per container

**Serving size** **1 (384g)**

**Amount Per Serving**

**Calories** **670**

**% Daily Value\***

**Total Fat** 16g **21%**

Saturated Fat 2.5g **13%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 1340mg **58%**

**Total Carbohydrate** 104g **38%**

Dietary Fiber 15g **54%**

Total Sugars 8g

Includes 4g Added Sugars **8%**

**Protein** 26g

Vitamin D 0mcg 0%

Calcium 200mg 15%

Iron 5.7mg 30%

Potassium 1860mg 40%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Potatoes, Yellow Fleshed, Roasted, Salt Added In Processing, Frozen, Unprepared, Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Fully Refined Soybean Oil, Yeast, Granulated Sugar, Wheat Gluten, Salt, Dough Improver (Malted Wheat Flour, Enzymes And 2% Or Less Of Ascorbic Acid), Calcium Propionate (To Retain Freshness), Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin , Folic Acid), Contains Less Than 2% Of Enzymes, Yellow Corn Flour, Colors (Turmeric, Paprika), And 2% Or Less Of Each Of The Following: Natural Flavor, Romaine, BBQ Chik (Soy Beans, BBQ Sauce (High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Modified Corn Starch, Contains Less Than 2% Of Salt, Pineapple Juice Concentrate, Natural Smoke Flavor, Spice, Caramel Color, Molasses, Sodium Benzoate (Preservative), Garlic, Mustard Flour, Corn Syrup, Sugar, Tamarind, Natural Flavor, Celery Seed), Sauce, Barbecue, KC MASTERPIECE, Original, GREEN PEPPERS, RED PEPPERS, YELLOW PEPPERS, ONIONS., SALT, MSG (A NATURAL FLAVOR ENHANCER DERIVED FROM CORN OR BEETS), GARLIC, PAPRIKA, ONION, BLACK PEPPER, CUMIN, WHITE PEPPER, ANNATTO, TURMERIC, SUGAR, SILICON DIOXIDE, PAPAIN, AND NATURAL FLAVORS., Grapeseed Oil)

Matties Inc  
633 E 63rd St #110  
Kansas City, Mo