

# Nutrition Facts

Vegetable Pasta

Serving Size:  cup (124g)

## Amount Per Serving

**Calories** 134

Calories from Fat 33

## % Daily Value\*

**Total Fat** 3.7g

**6%**

Saturated Fat 1.9g

**10%**

*Trans* Fat 0.1g

Polyunsaturated Fat 0.3g

Monounsaturated Fat 0.8g

**Cholesterol** 8.5mg

**3%**

**Sodium** 360.5mg

**15%**

**Potassium** 184mg

**5%**

**Total Carbohydrates** 20g

**7%**

Dietary Fiber 1.8g

**7%**

Sugars 2g

**Protein** 5.5g

Vitamin A

**17%**

Vitamin C

**24.5%**

Calcium

**4.5%**

Iron

**6%**

\* Percent Daily Values are based on a 2000 calorie diet.

Pasta  
Salad