

Nutrition Facts

servings per container

Serving Size

Amount Per 100g

Calories

312

% Daily Value*

Total Fat 3g 5%

Saturated Fat 2g 9%

Trans Fat g

Cholesterol 0mg 0%

Sodium 27mg 1%

Total Carbohydrate 67g 22%

Dietary Fiber 23g 92%

Total Sugars g

Includes ? g Added Sugars

Protein 10g

Vitamin D 0mcg 0%

Calcium 168mg 17%

Iron 55mg 688%

Potassium 2,080mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Cinnamon-Turmeric Rice